

# Our Mission

The mission of Crittenton Services for Children and Families is to help heal the wounds of abuse and neglect; to strengthen families, whether birth, foster or adoptive; and to help troubled adolescents reach their full potential.



# Our Values

- \* We believe that every child is entitled to healthy relationships and a loving family.
- \* In all our dealings, we conduct ourselves with honor and decency: respecting the children and families we serve, tending to relationships with each other, and proudly representing our agency to the community.
- \* We demonstrate the very tenets of personal responsibility that we encourage in our children: trying our best, picking ourselves up when we fail, and having the courage of our convictions.
- \* We are committed to an atmosphere of trust, openness, and fairness in which all members of the agency - staff, client, board and volunteer - can actively participate in setting the course.
- \* We will never rest on our laurels.

Believe  
Achieve  
Empower



[www.CrittentonSoCal.org](http://www.CrittentonSoCal.org)

## LICENSE

All programs are licensed by the State of California Department of Social Services as a foster family agency.  
Lic. Nos.: 306099612 / 336424300

## ACCREDITATION

Council on Accreditation of Services for Families and Children  
The Joint Commission

## CORPORATE

Incorporated 1966 as a charitable nonprofit, 501 (c)3.  
Federal Tax ID 95-2492427

## LOCATIONS

Crittenton Offices and Family Centers are at multiple locations in:

- Los Angeles County
- Orange County
- Riverside County
- San Bernardino County
- San Diego County

## FUNDING

Voluntary contributions; grants; Federal, state and county contracts

## PRESIDENT/CEO

Joyce Capelle, M.P.A., J.D.

801 E. Chapman, Ste. 203, Fullerton, CA 92831  
P. 714.680.9000 | F. 714.680.8207



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# InSight



Crittenton™  
services for children and families

# ABOUT THE PROGRAM

InSight is Crittenton's comprehensive, multi-faceted residential program for assessment, treatment and recovery of Commercially Sexually Exploited Girls.

The girls are between twelve and eighteen years of age. Some are runaways from abusive homes, some are forced into trafficking by neighborhood gangs, and some are tricked into it by "boyfriends". Most are made vulnerable by complex trauma experienced at an early age.

# CRITTENTON SERVICES

All of our services are nationally accredited. All staff are appropriately degreed and credentialed. All staff meet annual continuing education and recertification requirements for their specialty and/or job. All staff are screened and vetted. Programs use evidence-based practices.

For More Information About Crittenton or the services we offer, please email us at

[Info@CrittentonSoCal.org](mailto:Info@CrittentonSoCal.org) or call  
714.680.9000



# RESIDENTIAL SERVICES

## Assessment

An evaluation of the case history, risk and stress factors, current level of functioning, chemical dependency and health issues, and educational needs are all crucial elements to creating an individual treatment plan.

## Mental Health

Licensed and License Eligible Clinicians provide individual, group, and family therapy.

## Substance Abuse

Chemical dependency and substance abuse issues are treated by specialists with Chemical Dependency Credentials.

## Rehabilitation

Clients are assigned to a rehabilitation specialist who runs groups ranging from social skills development to stress reduction. It also includes exploration of healthy eating, physical activity and recreation.

## Education

We work individually with each girl, to help her achieve her High School diploma, GED, or Equivalency Certificate. An on grounds alternative education program is offered by the local high school district. Use of blended learning allows girls the opportunity to earn high school credits faster



## Parenting

Pre and post-natal education and support and parenting skills training are offered to all residents.

## Independent Living and Emancipation

Specialized vocational training programs, including the Regional Occupational Program (ROP), help clients train for and get a job. In addition, each girl will learn what community resources she will need, where they are available, and how to access and use them.

## Mentoring

When they are ready, clients are able to participate in our mentoring program, "Sisters". The program gives girls who have progressed with their treatment a way to support and encourage other girls who are still struggling.

## Community Reintegration

Case Management and Aftercare Services for girls who graduate from the program are coordinated and include a Group Home Aftercare Program, Family Preservation, Therapeutic Behavioral Services, Community Mental Health Services, Community Medical Clinics, and local 12 step/Substance Abuse Support Groups